

ATHLETIC TRAINER

DEFINITION

Under general administrative direction, provide for an effective and efficient program of first aid emergency care, injury prevention, athletic training and rehabilitation for student athletes in intercollegiate sports activities.

DISTINGUISHING CHARACTERISTICS

This is an advanced working level class for athletic training within the YCCD. Incumbents in this class perform highly complex and specialized level duties associated with athletic training. Incumbents work independently to coordinate the operational needs of District athletic programs.

SUPERVISION RECEIVED AND EXERCISED

Receives general administrative direction from the assigned division dean. Incumbents plan and/or determine specific procedures required to meet assigned objectives and solve non-routine problems, referring only unusual matters to the manager.

Incumbents in this class do not directly or indirectly lead or supervise other full-time employees.

ESSENTIAL DUTIES

- Provide for an effective and efficient program of first aid emergency care, injury prevention, athletic training and rehabilitation for student athletes in intercollegiate sports activities.
- Provide initial evaluation and emergency first aid for athletes requiring such care, including determination of follow-up care.
- Maintain student athletes' health records; assist with required team pre-season screenings; maintain inventory of equipment and supplies; help prepare orders for athletic training supplies.
- Under the direction of the team physician, design, develop, and supervise conditioning and reconditioning programs for the student athletes.
- Responsible for daily maintenance and operation of the Athletic Treatment Center.
- Responsible for recognition of injuries or conditions, which would require appropriate medical care, based on the findings.
- Determine appropriate modality uses such as ultrasound, electrical stimulation, hydrotherapy, and exercises.
- Function as liaison between physician, other Athletic Trainer, coaches, student athletes and administration.
- Provide care for student athletes as it pertains to their participation in YCCD sports programs, including pre-participation health screenings, health care in preparation for their events, both practice and competitions.
- Attend assigned sporting events and perform emergency first aid in the event of injury to players; administer CPR or AED, clean, dress and bandage minor cuts, bruises, lacerations, abrasions and blisters.
- Educate student athletes and athletic training students on how to clean and dress minor cuts, bruises, abrasions and blisters to avoid infection.
- Provide athletic training coverage for all home/hosted contests as described by the CCCAA bylaws.

- Design and administer a concussion management plan that reflects current standards and practices regarding concussion management.
- Assist in mentoring student interns as they work under the athletic trainers' supervision, in the Athletic Treatment Center and at events.
- Provide healthcare at games when the college is hosting the event.
- Provide care for visiting teams pertaining to taping and injury care.
- Provide follow-up care to athletes as directed by physicians within the scope of duty for an athletic trainer.
- Work with the other Athletic Trainer to accomplish the goals and duties of the Athletic Training Staff.
- Answer questions or concerns that both the men's and women's equipment attendants might have, in order to assist them with questions pertaining to any and all equipment that is assigned to the student athletes for their sports participation.
- Provide feedback to the administration as it relates to the needs of the Athletic Training staff.
- Travels with athletic teams when necessary.
- Provide information to the coaches that will assist them on current trends in the areas of nutrition, stretching, and general care for their athletes.
- Help maintain the Athletic Treatment Center in a clean and sanitary condition.
- Serve on college committees as assigned.
- Perform related duties as assigned.

MINIMUM QUALIFICATIONS:

To perform this job successfully, an individual must be able to perform each essential duty satisfactorily. The Education/Experience, Knowledge and Ability requirements are representative of essential duties. Reasonable accommodation may be made to enable individuals with disabilities to perform the essential functions of the position.

Education and Experience:

- **Education:** Bachelor's Degree from an accredited college or university in athletic training, physical education, education or closely related field
- **Experience:** Two years of responsible experience in practicing sports medicine, athletic training with student athletes.

Required Licenses and Certificates:

- NATABOC Certified Athletic Trainer status in current good standings with the National Athletic Trainer's Association (NATA).
- CPR/AED Certificate

Knowledge of:

- First aid and athletic taping; knowledge and ability to work under the direction of the team physician in injury care; modalities used in injury care.
- Principles, techniques and guidelines relative to athletic training at the collegiate level.
- CCCAA guidelines
- Equipment and supplies used in the sports medicine setting
- Recruiting students and expanding the student Athletic Training program.

Ability to:

- Educate student-athletes and athletic training students about various injuries, illnesses, anatomy and physiology of injuries and illnesses.
- Recognize severity of injury and refer athletes to appropriate medical personnel.
- Work with both men and women's athletic programs; communicate with coaches and staff members; handle equipment and supplies used in the sports medicine setting; must be CPR / AED certified.
- Communicate clearly with students and staff, both orally and in writing.
- Establish and maintain effective working relationships with students, staff and the college administration.
- Work independently and make decisions affecting YCCD athletic programs

LICENSES AND CERTIFICATES

- A valid license to drive in California is required.
- Possession of valid California Motor Vehicle Operator's License may be required

PHYSICAL AND MENTAL STANDARDS

- **Mobility:** ability to stand or sit for prolonged periods; ability to stoop, bend, kneel, crouch, reach and twist.
- **Dexterity:** fine manipulation sufficient to operate a keyboard, handle individual papers, write and take notes
- **Lifting:** Lift, carry, push and/or pull athletic equipment and supplies weighing up to 50 pounds
- **Visual Requirements:** see in the normal visual range with or without correction.
- **Hearing/Talking:** ability to hear normal speech, speak and hear on the telephone, and speak in person with or without correction.
- **Emotional/Psychological Factors:** ability to make decisions and concentrate; frequent contact with others including public.

TYPICAL WORKING CONDITIONS

- Work is generally performed in an outdoor field environment and standard office environment.
- Requires travel to different sites.
- Work may require occasional evening and weekend hours.

Class Adopted: 07/01/2019

Class Amended: 07/01/2023