

To access information (order medical cards,
view providers) you may create a profile via
your chosen Provider:



Vision Service Plan

800-877-7195

<https://www.vsp.com>



Kaiser

800-464-4000

<https://healthy.kaiserpermanente.org/northern-california/front-door>



Delta Dental

866-499-3001

www.deltadentalins.com

You can create an account on Delta Dental and use
your social security number as your enrollee id



Blue Shield PPO

855-256-9404

<https://www.blueshieldca.com/en/home>