



# Conquer back or joint pain without drugs or surgery

Members on the SISC Anthem PPO or Blue Shield PPO medical plans get **\*free access** to Hinge Health's innovative digital programs for **back, knee, hip, neck, or shoulder pain**. Sign up for:

- Free wearable sensors & monitoring device
- Unlimited 1-on-1 health coaching
- Personalized exercise therapy

**Over 30,000** members have participated in our programs so far, and cut their pain by over 60%!

\*Participation is free for members who are not on a HDHP/HSA plan. Program fee for members on an HDHP/ HSA plan is subject to the deductible.



To learn more call (855) 902-2777, or apply at:  
**HINGEHEALTH.COM/SISC**